

You Bet Your Life



Choosing a life strategy *is* gambling and the stakes are our lives!

Choose Your Game:

Table #1-Playing Not to Loose

Prizes

Being Right
Success
Being in Control
Being Accepted
Comfort
Convenience
Hearing “Yes”

Table #2-Playing to Win

Prizes

Truth, Fun
Joy, Curiosity
Healthy Relationships
Understanding
Better Health
Love, Play
Fulfillment

The Big R's (firm rules):

If you have ever gambled, you know that the *first Rule* is that the house always wins, because the house isn't gambling; it's taking money off the top. In this game the house is life, and it doesn't give a whit which table you choose, because it's always going to win. Eventually, no matter which game you play, life will win all your time. It will get every minute, every year, until it has taken your whole life. In the end you die-no matter what game you've committed your life to, no matter which core maps you've followed, or whether you got those big deals. Life, the house, gets it all in the end.

The *second Rule* of the game is that you're gambling. You can play at one table all your life and all you are assured of is the *possibility* of winning. If you play at the Playing Not to Loose table, you have the *possibility* of winning comfort, relief, or acceptance, but never the guarantee. If you sit at the Playing to Win table, you have the *possibility* of winning growth, health, and joy, but no guarantee. We're talking probabilities, possibilities, and maybes here. In either variation of You Bet Your Life, you place your bets, the house takes its cut, maybe you win what you're playing for and maybe you don't.

The *third Rule* is that we can't play at both tables at the same time for the same issue.

-adapted from Play to Win by Larry Wilson and Hersch Wilson

“Would you rather be right or happy?” –Jerry Jampolsky, “I cannot fail; I can only learn and grow.” – Tom Haselden